



# Children with Additional Needs and Disability

Healthy Child Team 0-19 Years



Cambridgeshire Community Services NHS Trust: delivering excellence in children and young people's health services

### The role of the Norfolk Healthy Child Team (0-19 years)

The healthy child team aims to protect and promote the health, wellbeing and development of all children, young people and their families in Norfolk. We want to support all children and young people to reach their full potential and in particular those with additional needs and disability.

#### What do we do?

Our team of professionals (Health Visitors, School Nurses, Staff Nurses, Nursery Nurses, Assistant Practitioners and Support workers) offer advice and support on a range of health issues both at home and in school.

In addition to our universal service we will offer;

A minimum( can be more if necessary) of a yearly contact to help children and young people with additional needs and disability achieve positive outcomes and to offer additional support to their families.



#### Our team can offer:

## Advice and individual plans of care, for example:

- Sleep, Toileting, Behaviour,
- · Healthy eating and weight management..
- · Emotional wellbeing,
- Transition to adolescence/ adulthood

## Signposting/Referral/ Liaison with other agencies

Advice and Support to schools re management of additional health needs.

Point of contact and support for families .

Confidentiality and consent. Our team provides a confidential service. This means that you can discuss personal information in private and we would discuss it with you before it is shared. If we feel a child or young person is at risk of harm then we would need to share this information with professionals but whenever possible we would discuss this with you first. Our contacts with you are recorded on a computerized confidential health record.

For further information on the services we provide, or to make an appointment with a member of the healthy child team please contact the Single Point of Access/Just One Number.



## For further information about this service contact:

Norfolk Healthy Child Team 0-19 Years Single Point of Access /Just One Number Business Centre Intwood Road Cringleford NR4 6AU

**Telephone number:** 0300 3000123. **Monday-Friday** 8.00-6.00pm www.norfolk.gov.uk/children-and-families/send-local-offer

Family Information Service <a href="https://www.norfolk.gov.uk/children-and-families/childcare-and-early-learning/family-information-service">www.norfolk.gov.uk/children-and-families/childcare-and-early-learning/family-information-service</a>



If you require this information in a different format such as in large print or on audio tape, or in a different language please contact the service on the details above.

If you have any concerns about this service or suggestions for improvements, contact our Patient Advice and Liaison Service on Freephone 0800 013 2511 or email: ccs-tr.pals@nhs.net.

For free, confidential health advice and information 24 hours a day, 365 days a year please contact NHS 111.

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