## **FOSS NEWS**



Message from the Chair, Katie Aldis: We had our first FOSS meeting of the year in February and it was lovely to see some new (and old) faces. We have been very busy organising the Easter Fete and I hope you'll agree that despite the weather it was an enjoyable event and raised just over £600.00.

Thank you so much to everyone who was involved in the day, whether it was baking cakes, running stalls, supplying tombola prizes, etc. We couldn't do it without you and thanks to everyone who came and supported the event; it was great to see so many people there!





Bitterns did a wonderful job with their Bake sale and we raised an impressive £96.20, so thank you lovely Bittern parents!

You may be wondering where all this money is being spent so I'm pleased to tell you that this term we have contributed £400.00 towards the Maths Puzzle Day, £400.00 to the new shed and £1300.00 towards markings for the school playground.

We will be having a meeting at The Bell in May to start planning the Summer Fete on Saturday 7<sup>th</sup> July. Keep an eye on the noticeboard on Friends of Salhouse School Facebook page for details and if you would like to get involved, then please come along or let us know if you can help in any way.

This half term we have Coots' cake sale on Friday 27<sup>th</sup> April, Fledglings cake sale Friday 18<sup>th</sup> May and non-school uniform day on Friday 25<sup>th</sup> May.

## Thank you

Thank you to FOSS for all your incredible and relentless hard work, we cannot thank you enough for the all the money you raise for the school. This last year in particular; what you have done has transformed the school. Thank you to all of you who worked tirelessly behind the scenes. Thank you as ever to Mr Ward – the best sports teacher in the WORLD!

## **New Build Update:**

WOW. What a half term we have had in the new building. We are really settling in and despite a few teething problems we are well on our way to making it our forever home! We have had lots of work done on the landscaping which has also made a huge difference. We are looking forward now to the blue container going in the Easter holidays and being replaced by a lovely bespoke shed. Thank you to our wonderful families who came and helped pave the way by giving the green shed a new home and special thanks to FOSS and United Charities for the donations which has made the shed possible. Thank you from all our future Salhouse pupils!

## **Sport Update: With our Super Sports Reporter Bradleigh**

England beat Netherlands 1-0 away at Amsterdam on Friday after Jesse Lingard fired home in the  $90^{th}$  minute. Michael Carrick has retired as he scored 24 goals for Manchester United. He says he wants to spend more time with his family as he has been playing for a long time. The England Cricket squad have done terribly against New Zealand as they scored 58 in the  $3^{rd}$  day of the  $1^{st}$  test as New Zealand got 486 but the test to be continued...



## Salhouse VC C of E Newsletter

Our school aims to be a happy and safe community where everyone shares a love of learning. Our Christian values of respect, responsibility, courage, trust, perseverance and compassion support all we do.

## Letter from the Head...

#### **Dear Parents & Carers,**



It has been another eventful half term with the children going from strength to strength. I expect the three 'snow days' will be what live on in their memory. Thank you all for your support and patience during the week 'The Beast from the East' visited!

If any of you are interested in hearing readers, please let us know. It would be a real support to the children and teachers. Best wishes for a lovely Easter break, *Julie Church* 



## **Dates for Your Diary**

- New Term We are back on Monday 16<sup>th</sup> April
- Swimming Swimming for Grebes Class starts on Wednesday 18th April
- Coots Cake Sale Friday 20<sup>th</sup> April
- May Bank Holiday Monday 7<sup>th</sup> May
- SATS Week 14<sup>th</sup> to the 18<sup>th</sup> May
- Fledglings Cake Sale Friday 18<sup>th</sup> May
- FOSS Non School Uniform 25<sup>th</sup> May
- Half Term Holiday May 28<sup>th</sup> to June 1<sup>st</sup>
- Phonics Check 11<sup>th</sup> to the 15<sup>th</sup> June
- Holt Hall 11<sup>th</sup> to the 13<sup>th</sup> June
- Y6 Transition Days ay BHS 28<sup>th</sup> & 29<sup>th</sup> June
- Sports Day Thursday 5<sup>th</sup> July
- Last day of term 24<sup>th</sup> July (*We come back on Thursday 6<sup>th</sup> September*)





## **INSET DAYS 2018/19**

Just so you know for future reference our INSET days (days we come to school but the pupils don't have to!) are 4<sup>th</sup> and 5<sup>th</sup> September, 18<sup>th</sup> October and 19<sup>th</sup> December, our fifth day will be made up of a twilight session, which will not affect you.

### We are Social!

Follow us on **Facebook**; we currently have 307 followers and counting! Our **website** has had 7,172 visits this month! Have you had a look recently? **www.salhouseschool.co.uk** 

#### Twitter @N SFederatedPS

Don't forget you can follow us on twitter too, lots of interesting information about education and fun ideas for the Easter holidays and SO much more!



# **Attendance Targets**

Each fortnight our attendance bear becomes a guest pupil in the class with the highest attendance over the last two weeks. The bear is currently in Herons. We aim for our attendance to be above 95% at all times, our attendance since September 2017 is: 95.6%. As you know, good attendance is linked to high achievement. Our Attendance Support and Enforcement Officer is Zoe Jardine. In 2015 - 16 the national average was 96.9%. As a school, we seek your support to raise our attendance percentage.

## Getting to school on time...

Getting to school on time gives children the best possible start to the day. Learning at Salhouse begins in 08.55; please can you do your best to make sure the children are here on time and ready to learn. The gate opens at 08.40, the whistle blows at 08.50. Thank you very much!

## Quick reminder about our PE school uniform...

Our School PE uniform is plain black shorts, plain white t-shirt, plain black socks and black or navy plain track suits trainers or plimsolls. Over the half term we seem to have a lot more colour combinations during PE! Everyone looks very colourful but we need to make sure that our PE uniform is adhered to as much as our daily uniform. Also, please can you try and make sure everything is labelled, we know many of you do label and we are very grateful, cannot tell you how much easier it makes things!

## WOW moments this half term...

Fledglings: 'We are still loving our new building and learning all about it; the outdoor space is wonderful too and the children are forever finding new ways to use it' Mrs Phillimore



**Coots:** 'We have spent a lot of time on maths this term. The children are developing so well! We have also been looking at growing our green targets' Mrs Beavis



Bitterns: 'Bitterns' wonderful Easter cards - they have made such fantastic progress this term!' Mrs Collins

**Grebes** 'Our WOW moment was definitely our trip to the theatre to the 'The Boy who Climbed to the Moon', it was both wonderful and bizarre!' Mr Leaver

Herons: 'Working in pairs, composing music and writing it out using a stave and proper notation. How much they have learnt in a term and a half on the keyboard; they sounded very tuneful too.' Mrs Edwards

## The Christian core value next term is: COURAGE

What is courage? Courage is the ability to do something that frightens you; it is bravery and strength in the face of adversity. **Deuteronomy 31:6** Be strong and of good courage, do not fear nor be afraid of them; for the LORD your God, He is the One who goes with you. He will not leave you nor forsake you. + Psalm 27:1

## **Sports & PE Grant**



The government provide all schools with a Sports and PE grant to promote sport, physical activity, emotional wellbeing and healthy lifestyle choices. Schools can choose to spend the grant as they think best. Details of how Salhouse intends to spend the grant will be posted on the school website in April.

One thing we aim to do is put an all-weather flooring and canopy in the outside areas for Bitterns together with resources which will increase outdoor learning opportunities for years one and two, as well as providing a quieter outdoor space.

We also want to focus on healthy break time snack with your help. Public Health England is helping parents take control of their children's snacking by launching the first Change4 Life campaign promoting healthier snacking. www.nhs.uk/change4life



The new campaign encourages parents to look for snacks which are 100 calories or less, two a day maximum. With a third of children leaving Primary School overweight or obese we all do need to take action.



## **Money for Sports Relief – The DANCEATHON!**

WOW. We raised over £150 for the Sports Relief with donations on the day of the Danceathon. Thank you so much for all your contributions and for all our pupils who practised tirelessly and danced SO beautifully on the day.

We were very lucky to be live on Radio Norfolk, which was so much fun. Wally Webb came to the school and interviewed Holly and Jaydon. Holly reported on the event on behalf of the school, she said, 'Sports Relief is so important because it helps so many people and we really enjoyed leaning the dance together'. Well done Holly!

## Sugar!

- 1 teaspoon of sugar is 5g
- Children 4 6 no more that 19g recommended a day
- Children 7 10 no ore that 24g recommended a day

## **SUPER SWAPS!**

There are lot of easy swaps you can do for less sugary treats and snacks...

- Fizzy Drink 35g for Water = 0g!
- Chocolate Mini Roll 11g for Shortbread finger = 2g
- Jelly 17g for Plain Yogurt = 2.5g
- Gingernut Biscuit 9g for Rich tea 1.4g



