

Sports and PE Grant

Context: Our school understands the difference PE, School Sport and Physical Activity makes to the development of well-balanced responsible individuals. As a school we aim to use the Sports and PE Grant effectively to have an impact on Teaching, Learning and Assessment and Personal Development and Behaviour to ensure sustainable high quality PE, school sport and physical activity.

This is what we want:

- Independent learners and effective leaders
- Enjoyment and enthusiasm for physical activity in all its forms
- Commitment and desire to improve personal and group bests
- Participation and competitiveness
- Physical and emotional health
- Citizenship and Christian core values
- Spiritual, moral, social and cultural development
- Thinking and decision making powers
- Knowledge, skills and understanding
- Self-esteem, belief and confidence
- Sustainable healthy lifestyles and mind sets
- Team work and co-operation
- A buzz across the whole school community focused on healthy active lifestyles for all the family

The impact of the pandemic might mean the planned expenditure is not possible. Unspent grant funding will be used for resources that improve the outdoor environment for delivery of a broad curriculum and for developing the outdoors to encourage mindfulness and reflection.

Key achievements / impact : September 2019 – April 2020	Areas for focus 2020-2021:
<p><i>The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school</i></p> <p>Sports, PE and outdoor learning very popular with children with high levels of satisfaction in parents, pupils and staff. Improved space for Forest School which is enjoyed by pupils, has improved safety and supported inclusive practice. KS1 have a designated space to develop outdoor learning. Year R have a designated area for their sole use to develop free flow. Visiting outdoor space supported transition to school Surveys have been carried out to provide a baseline for walking to school. Sports day well attended Sports competitions well supported Pupils and their parents have enjoyed active walks in local area eg Salhouse Broad and local park</p> <p><i>The profile of PE and sport is raised across the school as a tool for whole-school improvement</i></p> <p>KS2 pupils have taken on a range of roles which support happy lunch and playtimes. Reception children quickly adapted to large play area and look to older pupils for support Proactive House captains and anti bullying ambassadors Embedded #Be kind in classes which has been well received by pupils. Pupils designed sports kits Sports and PE involvement and achievements celebrated High level of satisfaction with ASclubs and early morning X country which are very well attended. High school pupils support with sports club and act as positive role models</p> <p><i>Increased confidence, knowledge and skills of all staff in teaching PE and sport</i></p> <p><i>High level of satisfaction reported by teachers and support staff re: CPD working alongside sports coaches provides. Software licence now being used by sports coach at Federation school to be cascaded to Salhouse.</i></p> <p><i>Broader experience of a range of sports and activities offered to all</i></p>	<p><i>The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school</i></p> <p>Sustain 'Walking to School' culture</p> <p>Maximise use of community outdoor spaces and facilities eg sailing club Salhouse Broad</p> <p>Resource school grounds in response to pupil voice and with a view to increasing physical challenge</p> <p>Increase opportunities for participating in a wider range of physical activities</p> <p>Develop and zone the outdoor area to support a broad range of outdoor physical activity including the development and maintenance of Forest School and pond area</p> <p>Increase free flow for Early Years and KS1</p> <p>Support / promote the use of school grounds for activities eg PWARD clubs, scouts, brownies</p> <p><i>The profile of PE and sport is raised across the school as a tool for whole-school improvement</i></p> <p>Further embed leadership role for pupils to support physical activity and acquisition of new skills at playtimes/clubs</p> <p>Develop website, newsletter, and displays including strong pupil voice</p> <p><i>Increased confidence, knowledge and skills of all staff in teaching PE and sport</i></p> <p>Develop the involvement of TAs in PE sessions led by sports coach</p> <p>Develop assessment of PE to inform planning for individuals, groups and whole school improvement</p> <p>Increase training opportunities linked to PE, Sport, Physical activity and healthy lifestyles</p> <p>Maximise benefits of working with community organisations eg sailing club ,Broads Authority</p> <p><i>Broader experience of a range of sports and activities offered to all pupils</i></p> <p>Provide taster sessions to introduce pupils to new activities and skills</p>

<p><i>pupils</i></p> <p>Pupils have accessed a wide variety of sports which have led to some taking up sport in free time. Eg Sailing karate gymnastics X Country Calm cats Weekly current affairs assembly has a national/international sports focus Staff running at lunch time and after school.</p> <p><i>Increased participation in competitive sport</i></p> <p>Full and active involvement in cluster sports events. Athletics, netball, X Country ,swimming, rounders, football (boys and girls), cricket, rugby. School participates in and hosts a small schools football league. New kits for pupils taking part in competitions increased morale and sense of pride.</p> <p><i>Other</i></p> <p>Single use plastic reduction impacted on snacks. Pupils have opportunities to cook which have particularly supported children with SEN Year1 garden – children, planted, maintained and harvested 2 pupils accessed additional swimming. Visits from NSPCC Dental Nurse Sun Safety High school pupils support sports clubs</p>	<p>Purchase creative resources to enable pupils to experiment with new activities</p> <p><i>Increased participation in competitive sport</i></p> <p>Support and contribute to the development of a small schools network and cluster</p> <p>Take the opportunity to have a competitive event with partnership schools</p> <p>Embed activities which encourage pupils to gain personal bests</p> <p>Develop competitive element of Sports Day/PE lessons through the house point system.</p> <p>Inter-house competitions allowing 100% pupils to experience competitive sport as individuals and as teams</p> <p><i>Other</i></p> <p>Work in partnership with parents and other agencies to improve healthy eating / healthy physical and psychological lifestyle choices and raise awareness of importance of hydration</p> <p>Library resources support independent learning</p> <p>Add further swimming sessions for KS2 and arrange targeted sessions for those in need of additional support</p>
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Meeting national curriculum requirements for swimming and water safety	July 2020
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	No current data for the end of year due to pandemic. Pupils will resume swimming June 2021
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	

<p>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</p>	
<p>Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?</p>	<p>Money is allocated to support individuals.</p>

Academic Year: 2020/21		Total fund allocated: £16,930		Date Updated: October 2020	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school					Percentage of total allocation: 56%
School focus	Actions to achieve:	Funding allocated:	Evidence and impact: Review March 2021	Sustainability and suggested next steps:	
Sustain 'Walking to School' culture Develop 'out in all weathers' outlook Maximise use of community outdoor spaces and facilities eg sailing club Salhouse Broad Resource school grounds in response to pupil voice and with a view to increasing physical challenge Increase opportunities for participating in a wider range of physical activities Develop and zone the outdoor area to support a broad range of outdoor physical activity including the development and maintenance of Forest School and pond area Increase free flow for Early Years and KS1 Support / promote the use of school grounds for activities eg PWARD clubs, scouts, brownies	<ul style="list-style-type: none"> Awareness raising events with links to school curriculum Awareness raising on website. School video/newsletter Team Challenges Further invest in Forest School /EY and KS1 area /Gardening Resource outdoors to support the delivery of curriculum in all subject areas in the outdoors Resource high quality PE lessons Resource/support high quality sports clubs 	Wellie racks £1250 HG Admin time £200 Sports Coach £5000 Gardening projects £500 Forest School and Pond £500 Outdoor furniture £2000	More children walk all or part way to school which is a positive impact of pandemic. Forest Schools and outdoor learning opportunities have increased for all children. The outdoor areas support sport/PE and physical activities. Children also enjoy using outdoor spaces as quiet and reflective areas. There has been good access and take up with after school sports clubs throughout the year when national guidelines have allowed. More of the outside area is now utilized by staff and children throughout the school day. Children are well equipped and the school better resourced for all weather outdoor activities.	<ul style="list-style-type: none"> Parent partnership FOSS Federation peer support All weather resources Resources which enable increasing physical challenge Training and upskilling staff Pupil peer support Growth Mindset Pupil and family Support Systems 	
Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement					Percentage of total allocation: 4%
School focus	Actions to achieve:	Funding allocated:	Evidence and impact: Review March 2021	Sustainability and suggested next steps:	

<p>Further embed leadership role for pupils to support physical activity and acquisition of new skills at playtimes/clubs</p> <p>Develop website, newsletter, and displays including strong pupil voice</p>	<ul style="list-style-type: none"> • Increase role of sports captains and other leadership roles for pupils • Staff to attend all sports events • Delegated responsibility for website/social media/displays • Regular meetings SC PW 	<p>HG Admin time £300</p> <p>Leadership time £250</p>	<p>The pandemic has impacted work around leadership roles.</p> <p>The website is used to celebrate and inform on matters related to Sports/PE and Healthy Lifestyles</p>	<ul style="list-style-type: none"> • House captains • Designated pupil roles • Designated staff responsibilities (website, social media, displays, sports champion) • Federation staff team to lead development • Designated governor for sports and PE Grant (JM) • Community and local press • Self and peer assessment
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				4%
School focus	Actions to achieve:	Funding allocated:	Evidence and impact: Reviews March 2021	Sustainability and suggested next steps:
<p>Develop the involvement of TAs in PE sessions led by sports coach</p> <p>Develop assessment of PE to inform planning for individuals, groups and whole school improvement</p> <p>Increase training opportunities linked to PE, Sport, Physical activity and healthy lifestyles</p> <p>Maximise benefits of working with community organisations eg sailing club ,Broads Authority</p>	<ul style="list-style-type: none"> • Training for staff • SC to develop assessment system with peer support from federation • Build and sustain links with community organisations 	<p>Leadership time £250</p> <p>Training £100</p> <p>Transport £200</p>	<p>All TAs support the teaching and learning of PE</p> <p>The pandemic has negatively impacted training opportunities and using the wider community.</p>	<ul style="list-style-type: none"> • All staff trained to use and apply assessment systems • Upskilled staff • Opportunities to cascade training to staff, parents and pupils
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				19%
School focus	Actions to achieve:	Funding allocated:	Evidence and impact: Review March 2021	Sustainability and suggested next steps:
<p>Provide taster sessions to introduce pupils to new activities and skills</p> <p>Purchase creative resources to enable pupils to experiment with new activities which relate to all areas of the curriculum</p>	<ul style="list-style-type: none"> • Continue partnership with Forward Coaching • Bring in wider variety of taster sessions /resources using community links eg dance/yoga/mindfulness 	<p>Taster sessions /activities / resources £500</p> <p>Resources £2780</p>	<p>The school is well resourced and very well supported by the work of our specialist sports coach.</p> <p>Pupils access mindfulness related activities (eg Calm Cats and Yoga). All staff committed to prioritizing activities to support children's mental health.</p>	<ul style="list-style-type: none"> • Parent partnership • Community Partnership

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				12%
School focus	Actions to achieve:	Funding allocated:	Evidence and impact: Review March 2021	Sustainability and suggested next steps:
<p>Support and contribute to the development of a small schools network and cluster</p> <p>Take the opportunity to have a competitive event with partnership schools</p> <p>Embed activities which encourage pupils to gain personal bests</p> <p>Develop competitive element of Sports Day/PE lessons through the house point system.</p> <p>Inter-house competitions allowing 100% pupils to experience competitive sport as individuals and as teams</p>	<ul style="list-style-type: none"> • Interhouse competitions at playtime /class time/sports day and in PE lessons • Participate in small schools events and cluster events • Host cluster schools events 	<p>Transport £1500</p> <p>Supply cover £500</p> <p>Cups/medals etc £100</p>	<p>The usual cluster events have not been able to take place due to the pandemic.</p> <p>Pupils enjoy competitive activities within their PE sessions and when at play.</p> <p>Pupils fully engage with PE, support one another and encourage achievement and personal best.</p>	<ul style="list-style-type: none"> • House captains • Inter house events linked to core values • Celebration assemblies • Cluster working • Links with High School
<p>Other: Key Indicator 6: Children make consistent informed health lifestyle choices related to diet and hydration</p>				% total allocation 5%
School focus	Actions to achieve:	Funding:	Evidence and Impact: Review March 2021	Sustainability and suggested next steps:

<p>Work in partnership with parents and other agencies to improve healthy eating / healthy physical and psychological lifestyle choices and raise awareness of importance of hydration</p> <p>Library resources support independent learning</p> <p>Add further swimming sessions for KS2 and arrange targeted sessions for those in need of additional support</p>	<ul style="list-style-type: none"> • Activities and events throughout year to raise awareness of diet linked to curriculum • Arrange targeted swimming sessions as and when • Resource school to support mindfulness, reflection and prayer 	<p>Targeted swimming sessions £100</p> <p>Health related resources and activities £200</p> <p>Reflection / prayer/ mindfulness areas/ resources and activities £500</p> <p>Health related books £200</p> <p>“</p>	<p>The curriculum fully supports the promotion of healthy lifestyle choices.</p> <p>There is good RSHE policy and practice throughout the school.</p>	<ul style="list-style-type: none"> • Parent partnership • Community partnership • Broad balanced curriculum • Well stocked library
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