

Salhouse VC Primary School

Sports and PE Grant

2023-2024

'Soar on Wings'

Context: Our school understands the difference PE, School Sport and Physical Activity makes to the development of well-balanced responsible individuals. As a school we aim to use the Sports and PE Grant effectively to have an impact on Teaching, Learning and Assessment and Personal Development and Behaviour. We seek to ensure all our pupils access sustainable high quality PE, school sport, physical activity and healthy lifestyle choices. The support of our pupils' mental health and time outdoors is of increased priority in light of the impact of the pandemic.

Impact of Sports and PE Grant 2022-2023

The school worked together with a shared value for sport, PE, outdoor and healthy lifestyle activities to meet its aims that all pupils:

- enjoy at least 60 minutes of physical activity each day with at least 30 minutes at school.
- know the whole school community values and enjoys PE, sport and physical activity.
- are taught by staff with expert knowledge, skills and confidence in sport and PE.
- are taught by staff who creatively plan for learning in the outdoors and through physical activity across the curriculum
- enjoy a safe school learning environment which supports physical activities and healthy lifestyle choices.
- experience a range of sports and activities
- have opportunities to take part in competitive sports within the cluster, federation and in house 'house system'.
- develop strategies to keep them physically and mentally resilient, healthy and strong
- develop and apply the school's Christian core values of respect, responsibility, compassion, courage, trust and perseverance
- gained confidence and competence in swimming

Allocation of the grant enabled the school to:

- maximise use of local facilities to promote physical activity and link activity with an interest in nature
- maximize use of school grounds throughout the school day in response to pupil voice and with a view to increasing physical challenge and a respect for nature
- provide pupils in Years 5/6 to access half day of Forest School each week
- provide opportunities for pupils across the schools to access regular outdoor learning
- Increase opportunities for participating in a wider range of physical activities in all areas of the curriculum
- Improve free flow for Early Years developing the EY outdoor area accordingly
- Offer regular After School activities/cluster events
- Upskill staff in the delivery of PE, sport and out door and healthy lifestyle activities
- Develop an effective environment for learning PE and sport

Moving forward we continue to want our children to:

- Enjoy at least 60 minutes of physical activity each day with at least 30 minutes at school.
- Know we value and enjoy PE, sport and physical activity.
- Be taught by staff with good knowledge, skills and confidence in sport and PE.
- Be taught by staff who creatively plan for learning in the outdoors and through physical activity across the curriculum
- Enjoy a school learning environment which supports physical activities and healthy lifestyle choices.
- Experience a range of sports and activities
- Have opportunities to take part in competitive sports within the cluster, federation and in house 'house system'.
- Develop strategies to keep them physically and mentally resilient, healthy and strong
- To develop and apply the school's Christian core values of respect, responsibility, compassion, courage, trust and perseverance.

Commitment :

KPI 1: The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

- Promote 'Walking to School' culture / use of park and clubs after school
- Maximise use of local facilities to promote physical activity and link activity with an interest in nature
- Maximize use of school grounds throughout the school day in response to pupil voice and with a view to increasing physical challenge and a respect for nature
- Pupils in Years 5/6 to access half day of Forest School each week
- Increase opportunities for participating in a wider range of physical activities in all areas of the curriculum
- Offer regular After School activities/cluster events
- All teachers planning regular opportunities for learning across the curriculum in the outdoors

KPI 2: The profile of PE and sport is raised across the school as a tool for whole-school improvement

- Teachers plan outdoor learning opportunities in all areas of the curriculum
- Staff and children adopt an 'all weather' approach to being in the outdoors during the school day
- Strategies in place to celebrate and share the joy and learning the links to health from participating in sport, PE and outdoor learning and play

KPI3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

- Employ and seek the support of a specialist Sports Coach in developing the skills and commitment of staff
- Provide training opportunities/peer network opportunities linked to PE, Sport, physical activity and healthy lifestyles
- Use of software to support staff

KPI 4: Broader experience of a range of sports and activities offered to all pupils

- Provide taster sessions and curriculum days to introduce pupils to new activities and skills
- Purchase creative resources to enable pupils to explore new activities
- Follow an international sporting event as a school linked to the curriculum to generate an excitement for Sport and PE
- Fully participate in the Broadland Cluster Events programme

KPI 5: Increased participation in competitive sport

- Support and contribute to the development of small schools' networks (Federation, Cluster, NE Norfolk Rural Schools)
- Fully contribute to and access cluster events through the Broadland cluster
- Embed activities which encourage pupils to gain personal bests
- Develop the competitive element through the school's House system

KPI 6: Children make consistent informed health lifestyle choices related to diet and hydration and increase opportunity for KS2 children to practise swimming and meet and exceed the national curriculum requirement

- Curriculum includes opportunities for pupils to develop understanding and knowledge of healthy lifestyle choices with a focus on resilience and good mental health (visitors and visits to support this area)
- Make individual arrangements, as/if required to support KS2 non/weaker swimmers

Meeting national curriculum requirements for swimming and water safety

What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?

13

<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p>	<p>10</p>
<p>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</p>	<p>16</p>
<p>Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?</p>	<p>No but able to do so as funds are allocated.</p>

	Total fund allocated: total: 17180	Date Updated: June 2023		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: 33.4%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: Review: March 2024	Sustainability and suggested next steps:
<ul style="list-style-type: none"> • Further work in partnership with parents to promote walking/scooting/cycling to school/parking away from school and walking in and so increasing physical activity children enjoy each day. • Increase opportunities for outdoor learning and increasing physical challenge. • Increase opportunities for participating in a wider range of physical activities for all. • Develop and zone the outdoor area to support a broad range of outdoor physical activity including the development and 	<ul style="list-style-type: none"> • Awareness raising events with links to school curriculum • Awareness raising on website. School video/newsletter Team Challenges • Further invest in Forest School /EY area /Gardening/outdoor learning • Resource outdoors to support the delivery of curriculum in all subject areas in the outdoors • Resource high quality PE lessons • Resource high quality sports clubs 	<p>Sports Coach PW</p> <p>£5850</p>		<ul style="list-style-type: none"> • Parent partnership • Federation and new partnership school peer support • Cluster Schools contribution and participation • Small Schools network • All weather resources • Apparatus which enables increasing physical challenge • Training and upskilling staff • Pupil peer support • Growth Mindset • Pupil and Family Support Systems • Core values • Links with Parish Council

<p>maintenance of Forest School, pond, KS1 sensory area, gardens and use of tree belt.</p> <ul style="list-style-type: none"> • Further develop and embed free flow for Early Years (4-5 yr olds), • Creative use of new technologies to facilitate indoor PE. • Maintenance of outdoor area and lines plus storage for PE and sports 				
<p>Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement</p>				<p>Percentage of total allocation: 6.9%</p>
<p>School focus with clarity on intended impact on pupils:</p>	<p>Actions to achieve:</p>	<p>Funding allocated:</p>	<p>Evidence and impact: Review: March 2024</p>	<p>Sustainability</p>
<ul style="list-style-type: none"> • Embed leadership/coaching roles for KS2 pupils. • Develop website, newsletter, social media and displays. • Sports Coach to liaise with teachers and champion sports and PE across the school. 	<ul style="list-style-type: none"> • Increase role of sports captains • Develop role of playtime buddies • PW to attend all competitive sports events • Delegated responsibility for website/social media/displays 	<p>PW attend Cluster events £1200</p>		<ul style="list-style-type: none"> • House captains • Sports Coach • Delegated pupil responsibilities • Delegated staff responsibilities (website, social media, displays, sports champion) • Federation/Partnership staff team to lead development

				<ul style="list-style-type: none">• Designated governor for sports and PE Grant (JG)• Cluster Schools• Small Schools Network• Community and local press• Self and peer assessment
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				8.5%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: Review: March 2024	Sustainability
<ul style="list-style-type: none"> Further embed assessment of PE to inform planning for individuals, groups and whole school improvement. Increase staff training opportunities to impact on mental health, PE assessment and PE and outdoor learning. 	<ul style="list-style-type: none"> Specialist Coach to develop staff skills PE software 	PE Coach PW £850 PE software £650		<ul style="list-style-type: none"> Upskilled staff Opportunities to cascade training to staff, parents and pupils
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				6.7%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: Review: March 2024	Sustainability
<ul style="list-style-type: none"> Provide taster sessions for children to have a broader experience of a range of sports and physical activities. 	<ul style="list-style-type: none"> Continue partnership with cluster, federation and local community Bring in wider variety of taster sessions using community links eg dance/yoga/mindfulness 	£1170		<ul style="list-style-type: none"> Parent partnership Community Partnership

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Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				12.6%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: Review: March 2024	Sustainability
<ul style="list-style-type: none"> • Inter-house competitions allowing 100% pupils to experience competitive sport as individuals and as teams. • Proactively support and participate in small schools sporting events and cluster events. 	<ul style="list-style-type: none"> • Interhouse competitions at playtime and in PE lessons • Participate in small schools events and cluster events • Host small schools event 	PW attend Cluster events £1200 Transport £1000		<ul style="list-style-type: none"> • House captains • Inter house events linked to core values • Celebration assemblies • Cluster working • Links with High School
Other: Key Indicator 6: Children make consistent informed health lifestyle choices related to diet and hydration Increase opportunity for KS2 children to practise swimming and meet and exceed the national curriculum requirement				% total allocation 31.9%

<ul style="list-style-type: none"> • Work in partnership with parents and other agencies to improve healthy eating lifestyle choices and raise awareness of importance of hydration. • Add further swimming sessions for KS2 and arrange targeted sessions for those in need of additional support. • Music used to support wellbeing 	<p>Actions to achieve:</p> <ul style="list-style-type: none"> • Activities and events throughout year to raise awareness of diet linked to curriculum • Arrange targeted swimming sessions as and when • Resource school to support mindfulness, reflection and prayer and promote the benefits of music and the arts 	<p>Funding allocated:</p> <p>Swimming Transport/hire £2600</p> <p>Additional swimming sessions £50</p> <p>Swimming Champion PW £2430</p> <p>Resources £500</p>	<p>Evidence and impact:</p> <p>Review: March 2024</p>	<p>Sustainability</p> <ul style="list-style-type: none"> • Parent partnership • Community partnership • Broad balanced curriculum • Well stocked library/resources • Links with outside agencies
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