

Salhouse Weekly Update

Wk commencing 21st October

Dear parents and carers,

As another week draws to a close, I am given pause to reflect on the selfless generosity of our wonderful community. As you will see below, the non-uniform day in celebration of Lola (and in support of The Nook) raised an incredible sum which will make a real difference to the hospice. Thank you to everyone who donated to this worthy cause.

I also need to share with you that Mrs Irvine and Mrs Fisher will be leaving Salhouse at the end of this half-term. Mrs Fisher has been steadily building her own business and the time is now right for her to focus her efforts on this. Mrs Irvine will be moving closer to her family, but will be continuing to work in education. I would like to thank both staff members for their dedication to our pupils and wish them well for the future.

With my thanks and best wishes,
Mr Will Emmens, Head of School

Key dates this week

Wednesday 23rd Oct – Cluster football at St Johns (invite only)

Thursday 24th Oct - FOSS non-uniform day

Thursday 24th Oct – End of Autumn term 1



Coming up

Mon 4th Nov – start of Autumn term 2

Tuesday 5th Nov – Norwich East Cross Country at UEA (invite only)

Mon 11th – Weds 13th Nov - parents' evenings, details to follow

Tues 12th Nov – open morning for 2025 reception intake, 9-10am

Wednesday 13th Nov – Cluster Cross Country (invite only)

Friday 15th Nov – Child In Need non-uniform

Mon 18th Nov – individual and sibling photographs

Bonfire Lunch 5th November

Can be ordered on Pupil Asset as hot or vegetarian option.

Packed lunches and jacket potatoes will still be available.



Catch up flu clinic



Vaccination UK are running catch up clinics for any children that missed having the flu vaccination. Please use the link to book

<https://eastanglia.schoolvaccination.uk/flu/2024/book>

Tots2Teens

Bookings are open for October Half Term, session now available for any child regardless of where they live.

The brochure is available here

<https://www.southnorfolkandbroadland.gov.uk/communities/tots-2-teens/tots2teens-october-half-term-brochure-2024>

To book T2T@southnorfolkandbroadland.gov.uk or call 01603 430525

Maths Challenge

On Monday four year 6 pupils attended the Maths Challenge day at Broadland High School.

They had a great fun solving maths problems and meeting children from other schools. Well done Sully, Cameron, Priya and Layla.



COMMUNITY
SPORTS
FOUNDATION

Norwich City are welcoming applicants for their upcoming U9s-U16s GK Talent ID Event

Date: Monday 28th October
Venue: Avant Training Centre, NR4 7TS

How to Apply:
Complete the form by Monday 21st October, successful applicants will be contacted with further details

https://docs.google.com/forms/d/e/1FAIpQLSeeuqaD6LdYtPs8AHn_O_CsJPz0kBPxiWiq7h4Wu7voJ7vHCw/viewform

Starting School in September 2025?

Do you know someone who has a child starting school in September 2025, if so let them know about our Open Morning, we would love to show them around



SALHOUSE C OF E PRIMARY SCHOOL
Respect, Responsibility, Courage, Trust, Perseverance and Compass

We would like to invite you to our
OPEN MORNING
Tuesday 12th November
9-10 am

"No wonder they love coming to school so much"

"I absolutely loved my visit to Salhouse Primary, staff and pupils incredibly welcoming - thank you!"

"I like school because teachers are nice"



To make an appointment, please contact:
office@salhouse.norfolk.sch.uk



Thank you to everyone who came to school in bright clothes in celebration of Lola.

We raised an amazing **£325.05**

Your generous donations will make a massive difference to children and families who use The Nook.

Salhouse Weekly Update

Sports Equipment for schools



The EDP are running a campaign for schools to collect tokens and be in with a chance to win sports equipment.

Tokens are in every edition of the Eastern Daily Press and other publications with double tokens at the weekend and regular bonanza's.

Tokens have been printed since September 30th so if you have any neighbours or family members that may still have those editions please ask for the tokens.

The campaign runs until 7th December so we still have lots of time to collect. We need to collect a minimum 1000 tokens so please spread the word.

All tokens can be handed in at the school office.

Outdoor footwear

We like to give our children the opportunity to make use of our fantastic school field as often as possible.

As the seasons change, please help us to facilitate this by ensuring that your child has a change of footwear in school (these may get muddy). Wellies or similar are ideal.

In wet conditions, children will be unable to use the field without a change of footwear.

Wk commencing 21st October

New Lunch Menu

This week is the last week of the current menu. The new menu will be updated on our website ready for the start of next term, it will also be available to download and to view on the Norse website

<https://norsecatering.co.uk/primary-school-catering/>

| 1 | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|---|
| Hot Option 1 | Margherita Pizza with Potato Wedges (v) | Breaded Chicken with a Dip and Mexican Rice | Chipolata Sausages, Yorkshire Pudding, Mashed Potato and Gravy | Beef Bolognese with Pasta | Breaded Fish Fingers and Chips |
| Hot Option 2 | Tex Mex Chilli with Steamed Rice (v) | Cheese and Tomato Pasta Bake (v) | Plant Sausages, Yorkshire Pudding, Mashed Potato and Gravy (v) | Sweet Potato and Lentil Curry with Steamed Rice (v) | Garden Vegetable Goujons and Chips (v) |
| Jacket Potato | Jacket Potato with Baked Beans (v) | Jacket Potato with Cheese and Beans (v) | Jacket Potato with Tuna Mayo | Jacket Potato with Baked Beans (v) | Jacket Potato with Cheese (v) |
| Served with | Crunchy Vegetable Sticks | Sweetcorn | Broccoli and Carrots | Mixed Vegetables | Peas or Baked Beans |
| And for Pudding | Lemon Cupcake | Pear and Ginger Sponge with Custard | Oaty Cookie | Beetroot Brownie | Vanilla Crunch Bar with Apple Wedges |
| Packed Lunch | Ham or Cheese Sandwich, Salad Sticks, Popcorn, Lemon Cupcake | Ham or Cheese Sandwich, Pizza Finger, Melon Wedge, Pear and Ginger Cake | Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas, Oaty Cookie | Tuna Mayo or Cheese Sandwich, Salad Sticks, Popcorn, Beetroot Brownie | Cheese and Tomato Pasta Pot, Sultanas, Apple Wedges, Vanilla Crunch Bar |
| Week One: 4 Nov 25 Nov 16 Dec 20 Jan 10 Feb 10 Mar 31 Mar — Fresh Fruit Available Daily | | | | | |
| 2 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Hot Option 1 | Margherita Pizza with Potato Wedges (v) | Beef Burrito Bake with Steamed Rice | Roast Chicken with Stuffing, Roast Potatoes and Gravy | Pork and Carrot Meatballs in Tomato Sauce with Pasta | Breaded Fish Fingers and Chips |
| Hot Option 2 | Spanish Omelette with Potato Wedges (v) | BBQ Plant Balls with Pasta (v) | Cheese and Potato Pie with Gravy (v) | Vegetable Risotto (v) | Vegetarian Enchilada and Chips (v) |
| Jacket Potato | Jacket Potato with Baked Beans (v) | Jacket Potato with Cheese and Beans (v) | Jacket Potato with Tuna Mayo | Jacket Potato with Baked Beans (v) | Jacket Potato with Cheese (v) |
| Served with | Baked Beans | Mixed Salad | Cabbage and Carrots | Peas and Sweetcorn | Peas or Baked Beans |
| And for Pudding | Autumn Feast Muffin | Cocoa Mousse | Toffee Cream Shortbread | Apple Crumble with Custard | Flapjack with Orange Wedges |
| Packed Lunch | Ham or Cheese Sandwich, Salad Sticks, Popcorn, Autumn Feast Muffin | Ham or Cheese Sandwich, Pizza Finger, Orange Wedges, Cocoa Mousse | Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas, Toffee Cream Shortbread | Tuna Mayo or Cheese Sandwich, Popcorn, Melon Wedge, Fruit Yogurt | Cheese and Tomato Pasta Pot, Salad Sticks, Orange Wedges, Flapjack |
| Week Two: 11 Nov 2 Dec 6 Jan 27 Jan 24 Feb 17 Mar — Fresh Fruit Available Daily | | | | | |
| 3 | Monday | Tuesday | Wednesday | Thursday | Friday |
| Hot Option 1 | Margherita Pizza with Tomato Pasta (v) | Chicken Curry with Steamed Rice | Roast Chicken with Stuffing, Roast Potatoes and Gravy | Beef Burger in a Roll with Potato Wedges | Breaded Fish Fingers or Salmon Fingers and Chips |
| Hot Option 2 | Vegemince Curry with Steamed Rice (v) | Cheesy Pasta (v) | Lentil Roast with Roast Potatoes and Gravy (v) | Homemade Bean Burger in a Roll with Potato Wedges (v) | Cheese and Potato Pastry Pinwheel with Chips (v) |
| Jacket Potato | Jacket Potato with Baked Beans (v) | Jacket Potato with Cheese and Beans (v) | Jacket Potato with Tuna Mayo | Jacket Potato with Baked Beans (v) | Jacket Potato with Cheese (v) |
| Served with | Sweetcorn | Mixed Vegetables | Carrots and Green Beans | Coleslaw, Peas and Sweetcorn | Peas or Baked Beans |
| And for Pudding | Cocoa Sponge with Sauce | Vanilla Ice Cream | Shortbread with Apple Wedges | Fruit Jelly | Iced Sprinkle Cake |
| Packed Lunch | Ham or Cheese Sandwich, Salad Sticks, Popcorn, Cocoa Sponge | Ham or Cheese Sandwich, Pizza Finger, Melon Wedge, Vanilla Ice Cream | Cheese and Tomato Pasta Pot, Salad Sticks, Apple Wedges, Shortbread | Tuna Mayo or Cheese Sandwich, Popcorn, Orange Wedges, Fruit Jelly | Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas, Iced Sprinkle Cake |
| Week Three: 18 Nov 9 Dec 13 Jan 3 Feb 3 Mar 24 Mar — Fresh Fruit Available Daily | | | | | |

Salhouse Primary School: Soaring on wings

*'They will soar on wings like eagles
They will run and not grow weary
They will walk and not be faint.'*
Isaiah 40:31

